

# **INSTRUCTION FOR USE**

## 10 or 30 powder sticks of 3,000 mg each

# **ENGLISH**



#### Please read all of the information carefully before taking this medical device for the first time.

- Keep it in a safe place, as you might want to read it again later.
- If you have further questions, contact your physician, therapist or pharmacist or contact the manufacturer FROXIMUN AG directly.
- This is an over-the-counter medical device that does not require a prescription.

# 1. What is TOXAPREVENT® MEDI PLUS and what is it used for?

TOXAPREVENT® MEDI PLUS in powder form is a natural medical device that contains the mineral constituent MANC®, a natural zeolite clinoptilolite PLUS calcium and magnesium carbonate. It is used to strengthen the intestinal wall barrier during recurrent physical stress. The active substance MANC® passes through the digestive tract, does its physical work and is not metabolized.

# 2. What do you need to know about TOXAPREVENT® MEDI PLUS before taking it?

- Do not open the stick pack until you are ready to use it, i.e. directly before you stir the powder into liquid.
- Open only the number of stick packs you wish to use immediately.

#### TOXAPREVENT® MEDI PLUS must not be taken in the following cases:

- If you have a known allergy or sensitivity to one or more constituents (see point 6: contents and constituents).
- Due to a lack of sufficient studies on pregnant women and nursing mothers, you should not take TOXAPREVENT® medical devices when you are pregnant or nursing.

## Particular caution should be exercised when taking TOXAPREVENT® MEDI PLUS in the following cases:

- In rare cases, taking TOXAPREVENT® MEDI PLUS in powder form can lead to constipation or bloating (rare: this may affect 1 in 1,000 persons using it).
- If you suffer from chronic constipation, you should use particular caution when taking TOXAPREVENT® MEDI PLUS in powder form. In such cases, consult your physician, therapist or pharmacist before
- Always make sure that you drink enough liquid when you take TOXAPREVENT® MEDI PLUS in powder form in order to prevent constipation.
- · As there is not enough empirical evidence on the use of TOXAPREVENT® MEDI PLUS by children, the use of this medical product is not recommended for children under 12 years of age.
- If you have difficulties with kidney stones, please consult a physician before taking this product.

## If you take medications as well as TOXAPREVENT® MEDI PLUS:

To prevent adverse interactions with medications, you should always maintain a period of two hours between taking medications and taking TOXAPREVENT® MEDI PLUS in powder form, as there are no systematic studies on interactions with or influences on medications

when taken with TOXAPREVENT® MEDI PLUS in powder form. If you take medication, consult your physician or therapist regarding the waiting time between taking TOXAPREVENT® MEDI PLUS and your medication.

#### 3. How should TOXAPREVENT® MEDI PLUS be taken?

- Unless otherwise prescribed by your doctor or therapist, take 1-2 sachets about 30 minutes before a meal with plenty of liquid (e.g. with 200 ml non-carbonated water).
- Do not exceed a maximum daily quantity of 2 sticks (corresponds to 2 x 3 grams of powder).
- Should you wish to change the dosage, please consult your physician or therapist before doing so.

## **Duration of use**

- The duration of treatment with TOXAPREVENT® MEDI PLUS should not exceed 30 days. Should you wish to repeat the treatment, you should pause for at least one week before starting treatment again.
- Countermeasures in the event of errors in use, overdoses and side
- If you inadvertently take a dose larger than the dose specified in these instructions for use, you may experience more severe side effects. In such cases, you should reduce the dosage to a maximum of one stick per day or stop the treatment entirely. Increased fluid intake is important. If you experience sustained side effects, stop taking this product and consult your physician or therapist.

## 4. What are the known side effects?

In rare cases, taking TOXAPREVENT® MEDI PLUS in powder form can lead to constipation or bloating (rare: this may affect 1 in 1,000 persons using it).

#### **Reporting side effects**

If one of the listed side effects causes you considerable difficulty or you notice side effects that are not listed in these instructions for use, please inform your physician, therapist, pharmacist and/or send a message to the e-mail address of FROXIMUN AG listed below or contact us via one of the customer service numbers likewise listed below.

Manufacturer and FROXIMUN AG, Neue Straße 2a

reporting office: D - 38838 Schlanstedt Phone: +49 39401 632-0 Fax: +49 39401 632-199 E-mail: anwender@froximun.de **Oualified Person:** +49 39401 632-320







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### 5. How should TOXAPREVENT® MEDI PLUS be stored?

- Keep out of reach of children!
- Store in a dry place at temperatures between 5°C 40°C
- Keep out of direct sunlight.
- Do not use longer than specified.
- Expiration date: see bottom of the package or the stamp/imprint on the stick packaging.

#### 6. Further information

- Constituents and other components
- One stick contains 3,000 mg powder.
- Constituents: MANC® (natural zeolite clinoptilolite), calcium carbonate, magnesium carbonate

#### Information about MANC®

- 100% natural, Gluten-free, Lactose-free
- The active substance is a modified alumosilicate.
- Kosher/halal We herewith confirm that the MANC® product is manufactured from mineral raw materials in a process. The product contains no animal components, blood or by-products, and contains no alcohol.
- Only materials of mineral origin are used in the production of MANC®.

### Information on calcium carbonate and magnesium carbonate

- Non-allergenic
- kosher, halal, vegetarian, vegan

## 7. Medical product manufacturer

FROXIMUN® AG, Neue Straße 2a, D - 38838 Schlanstedt, Phone: +49 39401 632-0, Fax: +49 39401 632-199,

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Keep out of reach of children!



